



A CULTURAL IMMERSION EXPERIENCE

Québec City, Québec, Canada • October 5 – 8, 2024

Before the ICFAD and CAFAD Conferences in Montréal, October 8 - 10, 2024

Saturday, October 5, 2024 (D)

Please schedule your own arrival into Québec City and transfer to Le Capitole Hôtel. Le Capitole Hôtel is a brand new 5-star-4 diamond hotel right in the heart of Old Québec. Staying in the heart of the Carré des spectacles, we will be steps away from all of Old Québec's tourist attractions: Saint-Jean and Saint-Louis streets, the Grande Allée, Petit Champlain, Fortifications, the Plains of Abraham, the Convention Centre, and museums. With 108 rooms and suites featuring breathtaking views of downtown, the boutique-style hotel offers an indoor pool on the 9th floor and 24h gym.

In 1985, Québec became the first city on the continent to be placed on the World Heritage List of UNESCO. Besieged six times in its history, Québec was finally conquered by the British in the Battle of the Plains of Abraham in 1759. Capital of New France, then Capital of British North America, Québec is today the heart of French culture in North America.

We will enjoy dinner and a World Heritage City Presentation by **David Mandel**, who studied at York University in Toronto and at the University of Paris, before moving to Quebec City in 1976. After completing a Master's thesis in art history and undertaking doctoral studies at Laval University, David became co-founder of Mendel Tours (formerly Canadian Cultural Landscapes) in 1984. He is often called upon to give talks about the history of Quebec at international conferences and has given numerous tours of the city for visiting dignitaries. A resident of Quebec's historic district since 1976, he is very involved in preservation issues. David is the author of a best-selling series of guide books devoted to Quebec City and its surrounding region. David's 40-minute presentation, which provides a colorful and stimulating introduction to the city's dramatic history, is richly illustrated with historic maps, illustrations and photographs.

Sunday, October 6, 2024 (B, L)

A walking tour of Québec City's narrow winding streets and historic buildings, beginning at the hotel. Together, we will discover the Upper Town and the Seminary of Québec, founded in 1663. Now occupied by the School of Architecture of Laval University, this institution is a remarkable collection of buildings erected around enclosed courtyards. Frédéric Lepinay, Dean of Laval University's (Québec City) Faculty of Architecture, Arts and Design has been invited to join us. The magnificent Notre Dame de Québec Basilica became the first Catholic Cathedral north of Mexico in 1674.

We will walk by numerous points of interest including the Dufferin Terrace, a vast boardwalk overlooking the St. Lawrence River, formerly the site of the Governor's Residence. We will learn about the famous Chateau Frontenac hotel - its history and architecture. Making our way down to the Lower Town, at Place Royale, where French explorer Samuel de Champlain constructed his first habitation in 1608 and where the government of Québec has restored merchants houses from the time of New France.

Lunch will be at Chez Muffy, steeped in local Quebec heritage -- both culturally and gastronomically. Located in a maritime warehouse dating from 1822, our restaurant focuses on the products of our market garden farm and seasonal flavors. The restaurant's farm is located on Île d'Orléans, less than 20km from the restaurant, allowing the team to prepare fresh produce for eight months of the year. Market gardener Alexandre Faille has been working on the organic crops since 2009. With original stone walls and wooden beams, the team will welcome us in a warm and relaxing atmosphere.

The walking tour will end at **Musée de la Civilisation**, where **Stéphan La Roche, Chief Executive Officer**, will welcome us. The Museum's mission is to make known the history and the various components of our civilization, including the material and social cultures of the occupants of Québec territory, as well as those that enriched

them; ensure the conservation and presentation of the ethnographic collection and other collections representative of our civilization; ensure Québec's presence in the international network of museological events through acquisitions, exhibitions and other cultural and educational mediation activities.

Afterward, participants may enjoy **time on their own** and return to the hotel at their leisure. A funicular ticket (cable car that links the Lower Town and Upper Town) will be provided, as will be a list of recommended restaurants for dinner on your own.

Monday, October 7, 2024 (B, L)

National Museum of Fine Arts / Musée national des beaux-arts du Québec | MNBAQ: an esteemed art museum established in 1933 residing within the National Battlefields Park and comprised of three structures purpose-built for the museum and a fourth originally served as a provincial prison. **Director Jean-Luc Murray** will welcome and converse with us, before we enjoy time on our own for exploration.

Among other diverse exhibitions, the MNBAQ displays an exceptional collection of Inuit art, providing a unique experience, with a selection of more than 100 works from the Brousseau Inuit Art collection from the past sixty years by more than sixty artists from Nunavik, Québec and from Nunavut and the Northwest Territories. The exhibition illustrates the ancestral values, skills and know-how found in the culture of the Canadian far north, which artists have imbued in their work.

A memorable lunch at and docent-led tour of **the Parliament**. Le Parlementaire Restaurant is located inside the Parliament Building, home to Québec's National Assembly, in which 125 Québec parliamentarians sit. The building is more than a century old. It is remarkable for its architecture, art and décor and bears eloquent witness to the history of Québec. The eloquent architecture and interior decoration of the Parliament Building offer a veritable fresco of Québec history. The dining room, which is fashioned in the Beaux-Arts style, is located in the interior courtyard of the Parliament building and is the work of architects Marchand and Tanguay.

A visit to **Cirque School / L'école De Cirque De Québec** and discussion with a member of the leadership team. The school's goal is to celebrate each student's unique physical journey, giving them a safe and positive environment to stretch beyond what they thought was possible. L'école De Cirque De Québec believes that by empowering the body to do the impossible, it empowers the mind to do the unimaginable. Comfortable bus transportation will move us from one venue to another today. Dinner will be on your own.

Tuesday, October 8, 2024 (B)

We will transfer from Capitole Hotel to Québec City train station by motorcoach. One-way train transfer to Montréal will be provided. Limited snacks and beverages are available on board the train, at your own expense.

The registration fee of \$1,900 USD per person includes three nights of accommodations and three mornings' breakfasts at the beautiful Le Capitole Hotel; Welcome Dinner including wine service; two special and educational lunch meals; a transfer from Lower Town to Upper Town; transportation on Monday; train transportation to Montréal on Tuesday.

Early Birds save! A 50% deposit (\$950) is due with registration. Registrations must be received by July 12, 2023. The second half of the \$1,900 registration fee will be due August 30, 2024.

The registration fee for this opportunity will increase to \$2,200 after July 12, 2023. If you choose not to register online, please call 561.514.0810 to register by phone.